Metros open IHSHL post-season tonight

By Barry Poe Journal sports writer

Two years removed from their last Iowa High School Hockey quickly." League tournament championship. the Sioux City Metros begin play in the 1996 post-season tonight.

The Metros of Coach Jim Peck. o'clock at the Des Moines Metro 1990. Ice Arena.

in the West Division behind the "Things just didn't seem to click. Omaha Jr. Lancers and Omaha goals per game, while giving up there to win." just 1.9.

ed immensely," said Peck. finishing his third season as head SEE DES MOINES coach. "The forwards are coming continued on page B5

back to pick up their checks and the defensemen are maturing.

"They finish their checks and are moving the puck out of our end

The Metros finished fifth in last year's tournament after an impressive run of domination in the IHSHL. Sioux City won the 1994 who finished fifth in the overall state tournament in Peck's first IHSHL league standings with a season, was second in 1993 and 16-10 record, tangle with fourth- also nabbed titles in 1991 and 1992 place Des Moines (17-8-1) at 6 while finishing as runner-up in

"Last year was kind of a disapp-Sioux City, a winner in seven of pointing year," said Peck, a former its last eight games, wound up third Sioux City Musketeers standout.

"Counting all of the tourna-Gladiators. During that eight-game ments, these kids have played 40 to span, the Metros averaged five 45 games, so they're going down

Another major factor for the "Our defensive play has improv- Metros has been the emergence of

Des Moines has 2 wins over Metros this season

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goaltender Damon Keith, Keith, after struggling in the early going, has played well enough to become one of five Sioux City representatives in last week's league all-star game.

"He realizes now the importance of solid, consistent goaltending and the confidence it give players in front of him," said Peck. "Damon's been keeping us in the game and giving us an opportunity to win every game we play.

Keith, a junior from North High, sports a 9-7 won-lost record and .857 save percentage.

Two more North High products, senior Mike Stoneburg and junior Metros' go-to guys. Both veteran players took part in the all-star game and bring a tremendous amount of experience to the ice.

Stoneburg totaled 33 points during the regular season, tving Johnson for the team lead with 19

Stoneburg and Johnson play on a line that also includes freshmen Jeff Kempter and Kyle Worner.

from North, has been a steady perwho's tallied 11 goals and 24 points, centers a line of juniors Matt Andrews (South Sioux City) and Brett Frette (East), along with sophomore Willie Persinger of North.

freshman from East, and sopho- square off in the other openingmores Clint Stiles of East and round game. Chresten Jensen of North, have shown improvement. Mozak, in Metros into the losers bracket for a fact, led the team with 34 points, 10:30 a.m. game Saturday.

scoring 10 goals and 24 assists.

"They had a tough time adapting to this style of play, mainly the speed," said Peck. "But they've been impressive in the latter part of the season."

Sioux City's youthful defensive corps, led by senior Sam Kincaide of Homer, Neb., will be put on the spot. Junior Jason Augustine of Heelan and sophomores Nick Mills of North and Brett Suing of East are the Metro defenders, while Jarrad Berg, a senior from Akron-Westfield, plays a reserve role.

Kincaide and Augustine were also named to the IHSHL all-star team. Jake Hinderman, a freshman from East, backs up Keith in goal.

"We're asking our defensemen to grow up in a hurry," said Peck. Walt Johnson, continue to be the "Kincaide needs to provide poise and leadership, but we look for them to play a steady defensive game and eliminate the costly mistakes young players are prone to

> Des Moines, tonight's opponent, beat the Metros twice during the regular season, 2-1 and 4-3 in overtime. Each of those games was played at Des Moines.

Should the Metros pass their Peck said Mark Munger, a junior first-round test, they'll more than from North, has been a steady per-likely get a shot at top-seeded former down the stretch. Munger, Mason City (22-3-1) in the semifinals. Mason City, which drew a bye, plays either the Kansas City Blades or Waterloo.

St. Joseph and Ames meet at 8 a.m., with the winner meeting the Omaha Junior Lancers at 3:30. Youngsters Trent Mozak, a Dubuque and the Omaha Gladiators

A Sioux City loss would slip the